# Blue Body® Advanced Workshop

## Module 1 (2 hours)

Session 1 (2:02) Welcome and Introduction by Mike Wright Audio excerpt from 1998. Ramtha on Shiva's relationship with you Prepare your body with webs and stars. Blue Body Dance. Liquefy.

### Module 2 (8.5 hours)

Session 1 (0:31) Candles – focus on Blue web or Blue Star

#### Discipline on your own: Walk

Session 2, part 1 (2:44) Video teaching from 2013. Ramtha on the unreasonable mind and the Blue Body Student healing highlights.pptx / Review Heretical Fieldwork Make BB card

#### Discipline on your own: Neighborhood Walk

Session 2, part 2 (1:57) Heretical Fieldwork or candle focus on card

Session 3, part 1 (1:20) Mike – Dark matter, Nonlocal mind, Partner A & Partner B

Session 3, part 2 (1:52) C&E / Walk (A) or Twilight (B) Candles / Twilight C&E

**Discipline on your own**: Heretical Fieldwork or Neighborhood Walk or your own candle focus on card

**Module 3 (about 4 hours)** Session 1 (0:28) Candles Blue web or Blue Star

#### Discipline on your own: Walk

Session 2 (3:12) Closing announcements Video teaching from 2011. Ramtha on maintaining the State (Includes making an card, dance, and laydown)

**Discipline on your own**: Neighborhood Walk or Heretical Fieldwork or your own candle focus on card