# Legacy 2.0 – Immersion – Music Playlist

| Day 1 Session 1               |                            |                           |
|-------------------------------|----------------------------|---------------------------|
| Warm Up                       |                            |                           |
|                               | Karli Bonne                |                           |
| I Got the Spirit In Me        | Kalli Dollile              |                           |
| Intro Vidoo                   |                            |                           |
| Intro Video                   | Chan                       |                           |
| (Come) Sail Away              | Styx                       |                           |
| Video Opening, 7 27 02        |                            |                           |
| Video Opening: 7-27-03        |                            |                           |
| Life's What You Make It (BBG  | Remix) Talk, Talk          |                           |
|                               |                            |                           |
| Warm Up                       | Fouth Mind and             |                           |
| Fantasy                       | Earth, Wind and I          | -Ire                      |
|                               |                            |                           |
| Day 1 Session 2               |                            |                           |
| Warm Up                       | - · · · · ·                |                           |
| Higher Ground                 | Stevie Wonder              |                           |
|                               |                            |                           |
| <u>C&amp;E</u>                |                            |                           |
| Dragon Age Inquisition Theme  |                            | Dragon Age Inquisition    |
| Flight of Freedom             | Epic Score                 | Journey Beyond the Sky    |
| Destiny and Honor (no vocals) | •                          | Journey Beyond the Sky    |
| Pegasus                       | Thomas Bergerse            |                           |
| Stallion                      | Thomas Bergerse            | •                         |
| Ride to Victory               | Two Steps from H           | Iell Classics Vol. 2      |
| Final Epic                    | Dan Graham                 | Dragons and Kings         |
| Adventure of a Lifetime       | Two Steps from H           | Iell Classics Vol. 2      |
| Life's Tough                  | Fearless Motivati          | on Epicness: Epic         |
| Whatever It Takes Fearless    | Motivation Epic Backgro    | ound Music for Videos, V3 |
| Effort                        | <b>Fearless Motivation</b> | Sounds of Power Vol. 3    |
| Here's to the Entrepreneurs   | Fearless Motivation        | Sounds of Power Vol. 3    |
| Got Fight                     | <b>Fearless Motivation</b> | Sounds of Power           |
|                               |                            |                           |
| Blue Web Candle Focus         |                            |                           |
| Randa                         | Hisham                     | Somewhere In A Dream      |
| Sky's Beyond                  | Karunesh                   |                           |
| Twilight                      | Deborah Martin             | Beneath the Moon          |
| -                             |                            |                           |

| 1 <sup>st</sup> Chakra<br>2 <sup>nd</sup> Chakra  | Dave and Steve Gordon<br>Dave and Steve Gordon   | •  |
|---|--|--|
| <u>Lay Down</u><br>Awakening Consciousne  | ess Monroe Products  |  |
| <u>Day 2 Session 1</u><br><u>C&amp;E</u><br>Hero<br>Fearless Motivation   | Epic Background Music for Vide   | eos, Vol.3   |
| Attack Your Goals<br>Fearless Motivation  | Epic Background Music for Vide   | eos, Vol.3   |
| Whatever It Takes<br>Fearless Motivation<br>Emerald Princess<br>Century<br>I Am Machine<br>Next Level<br>Never Give Up<br>Day 2 Session 2<br><u>Video 7-28-03</u> | Epic Background Music for Vide<br>Two Steps From He<br>Really Slow Motion<br>Fearless Motivation<br>Fearless Motivatio<br>Fearless Motivatio | ell Dragon<br>Miraculum<br>Epicness: Epic<br>on Epicness: Epic<br>on Sounds of Power |
| Theme from Antarctica<br>The Reaper   | Vangelis<br>Blue Oyster Cult   | Antarctica   |
| <u>Day 2 Session 3</u><br><u>Warm Up</u><br>Life's What You Make It   | (BBG Remix) Talk Talk  |  |
| Ramtha Candle Mirror F<br>Songs from The Bourne<br>Sky's Beyond<br>Shimmers<br>Dreamwalking<br>Awakening Consciousne  | Identity John Powell<br>Karunesh<br>Deborah Martin<br>Deborah Martin   | Convergence<br>Convergence   |

<u>Day 2 Session 3</u> <u>Video 7-29-03</u> Life's What You Make It (BBG Remix)

Talk Talk

Day 2 Session 4 Warm Up Can't Stop The Feeling

Justin Timberlake

**Fearless Motivation** 

## Your Why C&E Mix 20m Monster Biggest Fish In the Pond

No Plan B Never Make It Your Why Never Give Up

Focus

Fearless MotivationSounds of Power Vol. 3Fearless MotivationSounds of Power Vol. 3Fearless MotivationEpicness: Epic...Fearless MotivationSounds of PowerFearless MotivationSounds of PowerFearless MotivationSounds of Power

Sounds of Power Vol. 3

| <u>r ocus</u> |                    |                     |                         |
|---------------|--------------------|---------------------|-------------------------|
| Revival       |                    | Fearless Motivation | Sounds of Power         |
| Promises to   | о Кеер             | Audiomachine        | Life                    |
| Awake         |                    | Jeremy Soule        | Elder Scrolls V: Skyrim |
| From Past t   | o Present          | Jeremy Soule        | Elder Scrolls V: Skyrim |
| Eventide      |                    | Audiomachine        | Life                    |
| Hommage       |                    | Hollywood Film N    | Ausic Orchestra -       |
|               |                    | Epic Journe         | ey: Sweeping Themes     |
| First Light   |                    | Hollywood Film N    | Ausic Orchestra -       |
|               |                    | Epic Journe         | ey: Sweeping Themes     |
| Heros Retu    | rn                 | Hollywood Film N    | Ausic Orchestra -       |
|               |                    | Epic Journe         | ey: Sweeping Themes     |
| Discipline    | Fearless Motivatio | on Epic Background  | Music for Videos, Vol.3 |
|               |                    |                     |                         |

#### Future Starts Now 2 C&E Mix 12m

| Future Starts Today | Fearless Motivation        |                                |
|---------------------|----------------------------|--------------------------------|
|                     | Epic Back                  | ground Music for Videos, Vol.3 |
| King of the Jungle  | Fearless Motivation        | Sounds of Power Vol. 4         |
| The Power Within    | <b>Fearless Motivation</b> | Sounds of Power Vol. 4         |

Orb Travel Concentration

**Monroe Products** 

Lay Down **Celestial Meditation** 

**Monroe Products** 

Day 3 Session 1 UV Egg Process Theme From John Adams

HBO Miniseries Soundtrack

Day 3 Session 2 Video Teaching 6-17-03

## Day 3 Session 3 Warm up Rise Up (Miami Beach Rumba Mix) Sunkids

#### C&E

| Night Hunter (No Vocal Mix) |                     |                        |  |
|-----------------------------|---------------------|------------------------|--|
| Blaze of Glory              | Epic Score          | Blaze of Glory         |  |
| For The Win                 | Two Steps from Hell | Skyward                |  |
| Day of Purpose              | Fearless Motivation | Sounds of Power Vol. 7 |  |
| Got Fight                   | Fearless Motivation | Sounds of Power        |  |

### Journey to the Past Process

| White Night                   | Kitaro      | Spiritual Garden       |
|-------------------------------|-------------|------------------------|
| Sunlight Dancing              | Kitaro      | Spiritual Garden       |
| The Stone and the Green World | Kitaro      | Spiritual Garden       |
| Astro                         | Space Music | Astro                  |
| Galaxies                      | Space Music | Astro                  |
| Starlights                    | Space Music | <b>Beyond Infinity</b> |

Lay Down Willow

After the Sunrise **Close Cover** 

David Lanz, Tingstad, Rumbel Yanni Wim Mertens

| Day 3 Session 4                |                              |        |
|--------------------------------|------------------------------|--------|
| <u>Warm Up</u>                 |                              |        |
| Gold (Haklimakli Extended Mix  | ) Antoine Clamaran           |        |
|                                |                              |        |
| Knocking On Future's Door Pro  |                              |        |
| Music from the Italian Job Sou | ndtrack                      |        |
| Music from The Bourne Identit  | y Soundtrack                 |        |
| Music from the Time Machine    | Soundtrack                   |        |
|                                |                              |        |
| Laydown                        |                              |        |
| New Dawn                       | Chorus of Tribes             | Myth   |
| The Bioluminescence if the Nig | ht James Horner              | Avatar |
| C&E                            |                              |        |
|                                |                              |        |
| Music from the Matrix Reloade  | ed Soundtrack                |        |
| Laydown                        |                              |        |
| Thunderbird                    | Thelma and Louise Soundtrack |        |
| Beyond                         | Kitaro                       |        |
|                                |                              |        |
| Day 4 Session 1                |                              |        |
| Knocking On Future's Door Pro  | <u>cess</u>                  |        |
| Music from the Italian Job Sou | ndtrack                      |        |
| Music from The Bourne Identit  | y Soundtrack                 |        |
| Music from the Time Machine    | •                            |        |
|                                |                              |        |
| Laydown                        |                              |        |
| New Dawn                       | Chorus of Tribes             | Myth   |
| The Bioluminescence if the Nig | ht James Horner              | Avatar |
|                                |                              |        |
| <u>C&amp;E</u>                 |                              |        |
| Music from the Matrix Reloade  | ed Soundtrack                |        |
| Lavdown                        |                              |        |
| Laydown<br>Thundarbird         | Thelme and Louise Coundtrack |        |
| Thunderbird                    | Thelma and Louise Soundtrack |        |
| Beyond                         | Kitaro                       |        |

| Day 4 Session 2           |                   |  |
|---------------------------|-------------------|--|
| <u>Warm Up</u>            |                   |  |
| One Heart                 | R.I.O             |  |
|                           |                   |  |
| Video Teaching 9-3-04     |                   |  |
| Fly Like An Eagle         | Steve Miller Band |  |
| Hush                      | Deep Purple       |  |
| Magic Carpet Ride         | Steppenwolf       |  |
| No Time                   | The Guess Who     |  |
| What a Wonderful World    | Louis Armstrong   |  |
| To Sir With Love          | Lulu              |  |
|                           |                   |  |
| Divine Jazz               | Debbie Christie   |  |
|                           |                   |  |
| Strawberry Fields Forever | The Beatles       |  |
|                           |                   |  |
| This Magic Moment         | Ben E. King       |  |
|                           |                   |  |
| Your Wildest Dreams       | Moody Blues       |  |
|                           |                   |  |
| —<br>A Gift of Love       | Nadama            |  |
|                           |                   |  |
| —<br>Who Let the Dogs Out | Baha Men          |  |
| -                         |                   |  |
|                           |                   |  |
| Day 4 Session 3           |                   |  |
|                           |                   |  |

| Day 4 Session  | 3 |
|----------------|---|
| <u>Warm Up</u> |   |
| One Heart      |   |

**R.I.O** 

# Web, Card, Blue Star C&E and Dance Process

| Webbing and Cards   |                       |                      |
|---------------------|-----------------------|----------------------|
| The Northern Lights | David Arkenstone      |                      |
| The Courier         | Randy Edelman         | Last of the Mohicans |
| Splendor of the Sun | David Arkenstone      |                      |
| Desire              | Yanni                 |                      |
| Explorers           | David Arkenstone      |                      |
| Night Wind          | Kosinski and Keretski | Earth                |

|  | David Arkenstone                  |                                       |
|--|-----------------------------------|---------------------------------------|
| Earth  | Kosinski and Keretski             | i Earth                               |
| Monterey Nights                                      | John Tesh                         | Ironman Triathlon                     |
|  |                                   |                                       |
|  | Kaul Cabaffuau                    | Deser                                 |
| Pagan  | Karl Schaffner                    | Pagan                                 |
| Lost Frontier<br>The Courier                         | Peter Buffett<br>Movie Soundtrack | Lost Frontier<br>Last of the Mohicans |
| The Courier  | Peter Buffett                     | Last of the Monicans                  |
| <u>Dance</u>   |                                   |                                       |
| Night Wind   | Kosinski and Keretsk              | i Earth                               |
| Pagan  | Karl Schaffner                    | Pagan (Youtube)                       |
| Snake Charmer  | Debbie Christie et.al.            |                                       |
| Pagan  | Karl Schaffner                    | Pagan (Youtube)                       |
| Snake Charmer  | Debbie Christie et.al.            | Out of Print                          |
| Snake Charmer  | Debbie Christie et.al.            | Out of Print                          |
| Fancy Dancer   | Karl Schaffner                    | Youtube                               |
|  |                                   |                                       |
| Lay Down   | Datas Duffatt                     | Lost Frentier                         |
| Nebraska   | Peter Buffett<br>Peter Buffett    | Lost Frontier<br>Lost Frontier        |
| Looking for a Place Called Home<br>Outside My Window | Peter Buffett                     | Lost Frontier                         |
|  | Peter Duffett                     | Lost Frontier                         |
| Day 4 Session 4                                      |                                   |                                       |
| Warm Up  |                                   |                                       |
| Search For The Hero                                  | Mpeople                           |                                       |
|  |                                   |                                       |
| Video Teaching 9-5-04                                |                                   |                                       |
| What a Wonderful World                               | Louis Armstrong                   |                                       |
| Clair de Lune  | Debussey                          |                                       |
| Marco Polo   | Missa Johnouchi                   | Graces of Asia                        |
|  | vid Arkenstone                    | A Childhood Remembered                |
| 0  |                                   |                                       |
| Marco Polo   | Missa Johnouchi                   | Graces of Asia                        |
| Day E Socian 2                                       |                                   |                                       |
| Day 5 Session 2                                      |                                   |                                       |
| Warm Up  |                                   |                                       |
| Heroes   | Mans Zelmerlow                    |                                       |
| Video Tooching O.F. O.A.D                            |                                   |                                       |
| Video Teaching 9-5-04 Part 2                         |                                   |                                       |
| Marco Polo   | Missa Johnouchi                   | Graces of Asia                        |
|  |                                   |                                       |

Day 5 Session 3 Warm Up Home

**Phillip Phillips** 

| Quantum Leap Process        |                        |                             |
|-----------------------------|------------------------|-----------------------------|
| Zion                        | Fluke                  | Matrix Reloaded             |
| Frequency Shift             | Debbie Christie        |                             |
| Red Warrior                 | Hans Zimmer            | Last Samurai                |
| Way of the Sword            | Hans Zimmer            | Last Samurai                |
| Annapolis End Title         | Brian Tyler            | Annapolis Soundtrack        |
| The Blitz 1940              | Harry Gregson-Williams | Chronicles of Narnia        |
| The Battle                  | Harry Gregson-Williams | <b>Chronicles of Narnia</b> |
| The Aslan's Camp            | Harry Gregson-Williams | <b>Chronicles of Narnia</b> |
| <b>Coming Home From the</b> | Sea James Horner       | The Perfect Storm           |
| Beethoven                   | Transiberian Orchestra | Beethoven's Last Night      |
| Run Free                    | Bryan Adams Spirit     | : Stallion of the Cimarron  |
| Wizards in Winter           | Transiberian Orchestra | The Lost Christmas Eve      |

<u>Lay Down</u>

| New Dawn       | Chorus of Tribes | Myth |
|----------------|------------------|------|
| Magic Flow     | Anugama          |      |
| A Gift of Love | Nadama           |      |

Day 5 Session 4Warm UpAlmost HomeMariah Carey

<u>Video Teaching 9-24-04</u> Music from Graces of Asia by Missa Johnouchi Seabiscuit Soundtrack

Blue Web C&E Process from 9-24-04 Will of the Wind Direct Direct

Vangelis Vangelis

| <u>Laydown</u><br>Across the View                           | Richard Burmer   |                       |  |
|---|------------------|-----------------------|--|
|   |                  |                       |  |
| Day 6 Session 2   |                  |                       |  |
| <u>Warm Up</u>  |                  |                       |  |
| Now and Forever   | Henrick B.       |                       |  |
|   |                  |                       |  |
| Webbing   |                  |                       |  |
| The Mask  | Hisham           | Somewhere In A Dream  |  |
| San Sebastion   | Hisham           | Somewhere In A Dream  |  |
| A'sheen   | Hisham           | Somewhere In A Dream  |  |
| The Flame   | Hisham           | Somewhere In A Dream  |  |
| Blue Nile   | Hisham           | Somewhere In A Dream  |  |
| Inner Vision  | Hisham           | Somewhere In A Dream  |  |
| The Storm and the Rose                                      | Hisham           | Somewhere In A Dream  |  |
| Somewhere In A Dream  | Hisham           | Somewhere In A Dream  |  |
|   |                  |                       |  |
| <b>Ramtha Candle Mirror Process</b>                         |                  |                       |  |
| <u>C&amp;E</u>  |                  |                       |  |
| Songs from The Bourne Identit                               | ty John Powell   |                       |  |
| Entrance  | Si               |                       |  |
|   |                  |                       |  |
| Candle and Mirror   |                  |                       |  |
| Sky's Beyond  | Karunesh         |                       |  |
| Sacred Earth  | JT Wilde         |                       |  |
| Shimmers  | Deborah Martin   | Convergence           |  |
| Dreamwalking  | Deborah Martin   | Convergence           |  |
| Awakening Consciousness                                     | Monroe Products  | 5                     |  |
|   |                  |                       |  |
| <u>Laydown</u>  |                  |                       |  |
| Any Other Name  | Thomas Newmar    | 1                     |  |
| Little Ben  | Two Steps From I | Hell Classics, Vol. 1 |  |
| Across a Starlit Sky  | Jennifer Thomas  | Illumination          |  |
|   |                  |                       |  |
| <u>C&amp;E</u>  |                  |                       |  |
| Future Starts Today   |                  |                       |  |
| Fearless Motivation Epic Background Music for Videos Vol. 3 |                  |                       |  |

| The Power Within                               | Fearless Motivation | Sounds of Power 4            |  |
|--|---------------------|------------------------------|--|
|  |                     |                              |  |
| Be It Process                                  |                     |                              |  |
| Plateau of the Gods                            | Mars Lasar          | Olympus                      |  |
| Land of the Pharaohs                           | Phil Thornton       | Eternal Egypt                |  |
|  |                     |                              |  |
| Dance  |                     |                              |  |
| The Feeling Begins                             |                     | he Last Temptation of Christ |  |
| Red Rhythm Dragon                              | James Asher         | Feet In the Soil             |  |
| Twilight Mist                                  | Kali Ma             | Dances of Transformation     |  |
| Drums on the Nile                              | Brent Lewis         | Pulse                        |  |
| Dream of Brahmaputra                           | Daniel Summer       | Global Journey               |  |
| Crossworlds of the Wor                         | rld Michael Whelan  | Seapower                     |  |
| Song of the Stars                              | Dead Can Dance      | Spiritchaser                 |  |
| Mountain Walk South                            | Nomad               | Nomad                        |  |
| Pagan  | Karl Schaffner      | Pagan                        |  |
| Ti Eliz Iza                                    | Dao Dezi            |                              |  |
| Café Europa                                    | Deep Forest         | Boheme                       |  |
| Send In the Drums                              | James Asher         | Feet In the Soil             |  |
|  |                     |                              |  |
| Lay Down and Twilight                          |                     |                              |  |
| Selections from Music to Disappear In Vol. 1&2 |                     | Raphael                      |  |
|  |                     |                              |  |
| C&E & Orb Travel                               |                     |                              |  |
| Revival  | Fearless Motivation | Sounds of Power              |  |
| Addicted to Success                            | Fearless Motivation | Sounds of Power              |  |
| Courage  | Fearless Motivation | Sounds of Power 2            |  |
| Rise Up  | Fearless Motivation | Sounds of Power 2            |  |
| Carpe Diem                                     | Fearless Motivation | Sounds of Power              |  |
| I Made It                                      | Fearless Motivation | Sounds of Power              |  |
| Day 6 Session 4                                |                     |                              |  |
| Video Teaching 9-8-04                          |                     |                              |  |
| Marco Polo                                     | Missa Johnouchi     | Graces of Asia               |  |
|  |                     | UIALES UI ASIA               |  |

Fearless Motivation

Music from Graces of Asia

King of the Jungle

Sounds of Power 4

Heart of Gold

**Neil Young** 

Day 7 Session 2 Warm Up Come Sail Away

Styx

### <u>C&E</u>

Better Than Yesterday Believe Quasar

Fearless Motivation Fearless Motivation Kitaro Sounds of Power Sounds of Power 4 Spiritual Garden

#### Journey to the Future Process

Gentle Forest White night Dark Wave (single) Starlights Beyond Infinity Stairway To Heaven Kitaro Kitaro Brusspup Space Music Space Music Led Zepplin

Spiritual Garden Beyond Infinity

**Spiritual Garden** 

Beyond Infinity

### <u>Orb Show</u> Come Sail Away

Home Fantasy Glorious Styx Phillip Phillips Earth, Wind, Fire Hans Zelmerlow