# 2024 THE BLUE BODY AND UNREAL REALISM PROGRAM GUIDE

November 22 - 24, 2024

This workshop is about that which is termed the conjugation of what is called the blue realm. It is to be made manifest in your mind by the apparent phenomenon that focusing upon it obviously causes.

Ramtha

#### DAY 1, Session 1

Trailer

Welcome - Introduction

Illustrated Audio: 1993-06-04 Advanced Workshop (2.45.36)

### DAY 2, Session 1

C&E (15)

Candles With Card (30)

**NH Walk (30)** 

### DAY 2, Session 2

PROCESS: 1993-06-04,05 Advanced Workshop - BB Dance (2.22.43)

NH WALK (walk and breath the air)

## DAY 2, Session 3

Illustrated Audio: 1993-06-05 Advanced Workshop (4.38.40)

### DAY 2, Session 4

C&E (20)

Candles with card (30)

**NH Walk (30)** 

## DAY 3, Session 1

**Audio Excerpt: DISPERSING MATTER (04.10 min)** 

**Discipline Block:** 

Focus without music (15)

Illustrated Audio: 1993-06-05,06 Advanced Workshop (1.28.41)

## DAY 3, Session 2 Part I

Candles with card (15)

**NH Walk (30)** 

## DAY 3, Session 2 Part II

Illustrated Audio: 1993-06-06 Advanced Workshop (2.18.30)